

# Community Resources for Families

If this list does not have the resource you would like, please call **211** for further assistance with locating resources.

## Clothing:

Name	Contact Information	Information
Teen & Kid Closet	Must be referred from school counselor/social worker	Students in Foster Care or experiencing homelessness can be referred by the school counselor.
Serve Spokane	509-998-5722 8303 N. Division Tues. 1-2:30pm, Thurs. 1-3:30pm 2nd & 4th Sat. 9am-11:30pm	Primarily Serve 99208 and 99207 however will accept anyone in need.

## Food:

Name	Contact Information	Information
Salvation Army	509-325-6810 204 E. Indiana	Serve everyone in Washington State. M-F. Proof of address and ID required for every adult.
Serve Spokane	509-998-5722 8303 N. Division Tues. 1-2:30pm, Thurs. 1-3:30pm	Primarily Serve 99208 and 99207 however will accept anyone in need. 2nd & 4th Sat. 9am-11:30pm
Mead Food Bank	509-466-7068 12611 North Wilson Street Mead Wednesdays from 4:00pm-6:45pm	If you live in the Mead School District you are in our service area. Bring these items to each visit: valid picture ID, and current proof of address.

## Behavioral Health (Medicaid Providers):

Name	Contact Information
Catholic Charities	509-242-2308 12 E. 5th Avenue
Children's Home Society	509-747-4174 4001 N. Cook St. #420
Family Services Spokane	509-838-4128 7 S. Howard, Suite 321
Lutheran Community Services	509-747-8224 210 W. Sprague Avenue
Partners with Families and Children	509-473-4810 613 S. Washington St.
Passages Family Support	509-892-9241 525 W. 2nd Avenue
Frontier Behavioral Health	509-838-4651 107 S. Division St.
N.A.T.I.V.E Project	509-325-5502 1803 W. Maxwell Avenue (Takes all clients, not just Native)

**Childcare:**

Name	Contact Information	Information
Children's Waiting Room	509-477-6815 721 N. Jefferson St. Room 101 M-F, 8am-12pm, 1pm-5pm	Free drop-in childcare for children ages 1-12 while parents are attending court business.
SNAP (Homeless Child Care Program)	509-465-SNAP (7624)	Helps homeless families with free childcare for up to 90 days as they seek permanent housing, employment, or attend appointments.
Vanessa Behan Crisis Nursery	509-535-3155 Open 24/7 1004 E. 8th Ave.	Free emergency 24 hour child care for infants and children under the age of 7 for up to 3 days.

**Healthcare:**

Name	Contact Information	Information
CHAS Clinics	509-444-8200 5921 N. Market Street	Medical, dental, pharmacy and behavioral health
Native Health of Spokane	509-483-7535 1803 W. Maxwell Avenue M-F 9am-5pm	Medical, dental, pharmacy, and behavioral health care for all members of the community. Medicare insurance and a sliding fee service.
Unify Community Health & Dental Northeast Community Center	509-487-1603 4001 N. Cook St.	Medical: 509-483-3427 Dental: 509-326-4382

**Housing:**

Name	Contact Information	Information
Salvation Army: Stepping Stones & Family Emergency Shelter	509-325-6810 Catholic Charities- 509-325-5005	Provides transitional housing and case management to families who are homeless. To access services contact Catholic Charities.
SNAP	465-SNAP (7627) Catholic Charities- 509-325-5005	To access SNAP programs you must first contact Catholic Charities for an assessment.
Spokane Housing Authority	509-328-2953 55 W. Mission Avenue	Provides rental assistance programs, subsidized housing and Section 8 housing vouchers.

**Domestic Violence:**

Name	Contact Information	Information
YWCA Crisis Line	509-326-CALL (2255)	24 hour assistance with safety planning, crisis counseling, referrals, and general information.
YWCA Domestic Violence Program M-F 8am-5pm	509-326-1190 930 N. Monroe	Free confidential services for survivors of intimate partner violence including shelter, housing, legal representation, counseling and support.
YWCA Shelter Program	509-326-CALL (2255)	Temporary confidential shelter for female survivors of intimate partner violence.

